

REDUCING PROBLEM BEHAVIORS THROUGH MANAGEMENT

It's often important to manage situations while you're working towards a final solution. In dog ownership, this means setting up your home and life in a way that prevents or discourages your dog from doing unwanted things.

Management does not teach your dog what not to do. It simply prevents or discourages your dog from doing unwanted behaviors. It's usually best to combine management with positive reinforcement (treat or toy reward-based) training. In some cases, simply managing the problem can be enough of a solution.

Examples of Management

You can use management to reduce or stop almost any unwanted behavior. Below is a chart of some common behavior problems and potential management solutions.

COMMON BEHAVIOR PROBLEM	MANAGEMENT IDEAS
Jumping onto counters	Close the dog in his crate or a bedroom when you can't watch him
	Place double-sided tape on the counters
	 Keep food and other goodies off of the counters
Digging in the garden	Don't leave the dog unattended outside
	Place a fence around the garden
	 Lay chicken wire a few inches under the dirt
Chewing on non-chew toy items	Keep tempting items out of reach of the dog or behind closed doors
	 Crate the dog when she's not supervised
	 Spray tempting items with a safe but bad- tasting product like Bitter Apple Spray
Pulling on leash	Use a no-pull harness or head halter
Jumping on household guests	Place the dog in his crate when guests come over and don't let him out until he

calms down
 Introduce the dog to guests outside before bringing them inside. This is often less exciting and reduces jumping
 Keep the dog on leash when guests arrive and then remove the leash after the dog has settled down

When You Need More Than Management

Again, remember that *management is not training*. Some owners don't mind using management to stop their dog from jumping onto counters. They don't need to implement training if that's the case.

Many owners would like their dog to walk nicely on leash though. In order to teach your dog how to walk nicely on leash, you must do more than purchase a no-pull harness. Implement positive reinforcement training techniques to help teach your dog that not pulling is the goal!

In the case of many more severe behavioral concerns (like aggression, phobias, fear, separation anxiety, and reactivity), a very good management plan is very important. Speak to a professional animal trainer for help creating this management plan. Remember that you must always expect your management plan to fail—so management is just a band aid in this case. Use it to prevent further incidents while you work on a training plan to modify the unwanted behaviors.

Sometimes potential management plans are unrealistic. For example, a dog that's afraid of new people still needs to go to the veterinarian. It's simply unrealistic to never introduce the dog to another human again. That's why it's so important to pair management with good training.

Places to Get Help

It's helpful to get help creating a good management plan. In cases of true behavioral concerns, it's extremely important to get help. Check out these resources to get help with training, management and finding a trainer. They all have links to find a consultant near your ZIP code.

- American Society of Veterinary Behaviorists: avsab.org
- International Association of Animal Behavior Consultants: iaabc.org
- Certification Council for Professional Dog Trainers: ccpdt.org
- Dumb Friends League Free Behavior Helpline: ddfl.org